

## **Education and Training**

Maria A. Oquendo, MD, Division Chief  
Department of Psychiatry, Columbia University College of Physicians and Surgeons  
New York State Psychiatric Institute  
Annual Report for July 1, 2007 – June 30, 2008

### **Overview**

The Graduate Medical Education Division comprises several broad areas related to medical education:

- Medical Student Education;
- Residency Training;
- Clinical Psychiatry Fellowships;
- Research Psychiatry Fellowships;
- Grand Rounds; and
- Continuing Medical Education.

The goal is to provide outstanding educational services using cutting edge methodology.

### **Staff**

#### **Program Directors**

Maria A. Oquendo, MD, Director of Residency Training  
Melissa Arbuckle MD, PhD, Associate Director, Residency Training  
Deborah L. Cabaniss, MD, Research Scientist II  
Joshua Gordon, MD, PhD, Psychiatrist II

#### **Graduate Staff**

##### **PGY 1 Residents**

1. Erin R. Callahan, MD
2. Serina R. Deen, MD
3. Matthew D. Erlich, MD
4. Ellen L. Goldstein, MD
5. Margaret M. Haglund, MD
6. Alison D. Hermann, MD
7. Meredith A. Kelly, MD
8. Christina C. Kitt, MD
9. Sonya Martin, MD
10. Sharat G. Parameswaran, MD
11. Carolyn J.H. Yoo, MD

## **PGY 2 Residents**

1. Jonathan M. Amiel, MD
2. Emily J. Davies, MD
3. Anand P. Desai, MD
4. Niles H. Drake , MD
5. Tresha A. Gibbs, MD
6. Jeanne J. Goodman, MD
7. Aerin M. Hyun, MD
8. Aaron J. Krasner, MD
9. Diana E. Moga, MD
10. Nasir H. Naqvi, MD, PhD
11. Andrew J. Rosenfeld, MD
12. Peter Johannes van Roessel, MD

## **PGY 3 Residents**

1. Allison J. Baker, MD
2. Lincoln C. Bickford, MD, PhD
3. Carolyn A. Broudy, MD
4. Suzanne M. Dieter, MD
5. Suzanne M. Feigelson, MD
6. Jonathan T. Horey, MD
7. Laura K. Kent, MD
8. Lorraine E. Lothringer, MD
9. Catherine E. Roberts, MD
10. Christi A. Weston, MD, PhD
11. Dirk C. Winter, MD, PhD
12. Beata A. Zolovska, MD

## **PGY 4 Residents**

1. Craig A. Beach, MD
2. Lindsay R. Dykema, MD
3. Ragy R. Girgis, MD
4. Edmund Griffin Jr, MD, PhD \*
5. Elizabeth S. Harre, MD
6. Steven A. Kushner, MD, PhD
7. Karimi G. Mailutha, MD
8. Sander Markx, MD
9. Alexandra R. Martins, MD
10. Sara A. Nash, MD
11. Markus Ploesser, MD
12. Oliver M. Stroeh, MD
13. Russell H. Tobe, MD

## **Current Research**

### **Supervision**

The Division also assessed the effectiveness of psychodynamic psychotherapy supervision among its residents. In a survey spearheaded by Dr. Canabiss as part of an effort to establish parameters for the assessment of progress towards training goals and objectives, the Division found that about half of respondents did not know:

- what they were supposed to be learning in psychodynamic supervision;
- the criteria by which they were being assessed; and
- how their supervisors thought that they should improve.

This study was presented at the national meeting of the American Association of Directors of Residency Training in New Orleans in March 2008.

Subsequently the Division carefully defined learning objectives for psychodynamic supervision, and distributed them to both supervisors and residents. In addition, the Division held faculty development meetings for both the supportive psychotherapy supervisors and the psychoanalytic psychotherapy supervisors to discuss these objectives. Of note, in evaluations completed after one faculty development meeting, 50% of supervisor participants endorsed the idea that they did not fully know what they were supposed to be supervising until the meeting.

This project is in the process of being written up.

### **Long-term Therapy Clinic**

Drs. David Merrill, Steven Roose, Eve Caligor and Margaret Hamilton developed a protocol to enhance the assessment of patients applying for treatment in the residents' Long Term Therapy clinic. All incoming patients now undergo a standardized battery of psychometric instrument testing. Drs. Merrill and Roose review the results of the testing with the resident and supervisor responsible for treating the patient and the results are used to supplement their clinical evaluation. Residents are educated about the clinical and research applications of psychometric instruments and they are encouraged to integrate these instruments into their practice.

### **Teaching Pedagogy**

Deborah Cabaniss, Melissa Arbuckle, Alexandra Martins (PGY-IV) and Alicia Rojas (graduate 2008) have submitted a proposal for a workshop to AADPRT for their 2009 meeting called "Growing Teachers: Teaching Residents Using PGY-IV Electives." This workshop, which would also include Deborah Hales, Director of Education at the APA, discusses a PGY-IV elective the Division offers to any senior resident interested in trying to teach a course. The elective runs over a series of months during which the resident meets weekly with a mentor who takes him or her through the planning phase, teaching phase, and evaluation phase of the

course. Thus far, two residents, Drs. Martins and Rojas, have taken this elective with Deborah Cabaniss, resulting in ongoing courses that the Division offers to PGY-II residents (in supportive psychotherapy on the IOP and in psychotherapy with the chronically mentally ill, on 4S, respectively).

### **Teaching Empathy**

Serina Deen (PGY-I), Christina Mangurian, and Deborah Cabaniss are working on a project called, "Walk a Mile in My Shoes: Using First-Person Narratives to Build Empathy with the Severely and Persistently Mentally Ill During Residency Training." Dr. Deen's interest in writing narratives prompted her to seek out the mentorship of Drs. Mangurian and Cabaniss, who helped to develop the project. On this project, which was presented at the Audobon Clinic in October, Dr. Deen wrote third and first-person narratives about three patients which were then used in supervision to help her to better understand her patients and to empathize with them more fully. The group is writing a paper about this project and hopes to develop it into an ongoing teaching experience for PGY-I's.

## **Education and Training**

### **Clinical Fellowships**

The program has several clinical fellowship subspecialties: Child and Adolescent Psychiatry, Consultation-Liaison Psychiatry, Emergency Psychiatry, Forensic Psychiatry, Geriatric Psychiatry, and Public Psychiatry

### **Research Fellowships**

The department has eleven different research training programs, nine of which are supported by T-32 funded by the NIH. The Division is in the process of centralizing materials for T32 grant applications, as well as centralizing the application process for fellowship recruitment.

### **Grand Rounds**

A committee, chaired by Dr. Muskin, was established to solicit guest speakers for grand rounds. The guest lecturer is assigned a faculty member who serves as a host. The host arranges for dinner on Thursday night with faculty and trainees and for Friday meetings with the faculty in the morning and with trainees after grand rounds.

### **Continuing Medical Education (CME)**

To help raise the profile of the Columbia Psychiatry program, the residency education office has expanded the CME curriculum to comprise eight to ten sessions, conceptually, as an ongoing annual series.

### **Medical Student Education**

Medical student education was reviewed by a committee comprised of several members of the faculty and chaired by Dr. Paul Appelbaum. The director of medical student education, Dr. Janis Cutler, reviewed the suggestions and is in the process of implementing their recommendations.

## **Residency Training**

Residency Training was reviewed by a committee comprised of several members of the faculty and chaired by Dr. Paul Appelbaum. Suggestions were reviewed and have been implemented.

## **Awards and Honors**

Amiel, Jonathan

PGY-II

APA Janssen Fellowship (2008-2009)

One of two resident representatives from AADPRT to the AAMC Organization of Resident Representatives. (2008-2011)

Beach, Craig

PGY-IV

American Academy of Psychiatry and the Law

Rappaport Fellowship (for travel to meeting 10/08)

Callahan, Erin

PGY-I

NCDEU Resident Fellowship (2008-2009)

Dieter, Suzanne

PGY-III

APA/Bristol Meyers Squibb

Public Psychiatry Fellowship (2008-2009)

Garfinkle, Suzanne

PGY-III American Association of Directors of Residency

Training Frieda Fromm Reichman Award (2008)

Leight, Kristin

PGY-IV

Association of Women Psychiatrists

Alexandra and Martin Symonds Foundation Fellowship (2008)

American Psychoanalytic Association Resident Fellowship (2007-2008)

Lorraine Lothringer

PGY-III

APA Minority  
SAMSHA Fellowship (2008-2009)

Reliford, Aaron  
PGY-IV  
APA/Shire Child and Adolescent Psychiatry Fellowship (2007-2009)

Rodriguez, Carolyn  
PGY-IV  
Laughlin Fellowship, The American College of Psychiatrists (2007-2008)  
Fellow, Career Development Institute (CDI) for Psychiatry (4/08)  
APA PMRTP Travel Award, Washington, D.C. (2008)  
Barbara Ann Liskin Award, Dept. of Psychiatry, Columbia Univ. (2008)

Rojas, Alicia  
PGY-IV  
American Association of Directors of Residency  
Training Ginsberg Fellowship (2008)

Stroeh, Oliver  
PGY-IV  
Columbia University Center for Psychoanalytic Training and Research Resident Fellowship  
(2008-2009)

## Highlights

- The division revamped the course curriculum for the residency training program.
- Medical Student Education was reviewed and is in the process of being revamped.
- A committee was established to review and reorganize the resident rotation schedule. Changes have been implemented.
- Residency selection and interview process has been reorganized.
- Administration in the division was reorganized and two new staff members were hired: Alexandra Perez, Training Program Manager and Lucia Sanchez, Program Coordinator.
- Dr. Philip Muskin was named Chairman of the Grand Rounds Committee.
- Dr. Steven Hyler was named Director of International Trainees, placing international medical graduates in “observerships” throughout the department.
- Dr. Deborah Cabaniss was named Director of Psychotherapy Training.
- Dr. Joshua Gordon was named Director of Neuroscience Education.
- Dr. Maria Oquendo was named Residency Training Director.

## New Faculty

- Deborah L. Cabaniss, MD; Research Scientist II
- Joshua Gordon, MD; PhD; Psychiatrist II

## **Publications**

1. Rodriguez, C.I., Cabaniss, D.L., Arbuckle, M.R., Oquendo, M.A. (2008) "The Role of Culture in Psychodynamic Psychotherapy: Parallel Process Resulting From Cultural Similarities Between Patient and Therapist." *American Journal of Psychiatry*. 165 (11)
2. Glick, RA, Cabaniss, DL (2007). Reducing Shame in the Candidate Experience, *The Candidate*, Vol 2 (1), 1-6.
3. \*Cabaniss DL, (2008) Becoming a school: Developing learning objectives for psychoanalytic education, *Psychoanalytic Inquiry*, 28:262-277.
4. \*Cabaniss DL, Graver, R, Mapping the Macroprocess, *Journal of the American Psychoanalytic Association*, in press.
5. Rutherford B, Cabaniss DL, Roose SP (2008) Combined Therapy with Medical and Psychotherapy, in Tasman, Kay, Lieberman (eds.) *Psychiatry*, J.W. Wiley, New York.
6. Cabaniss, DL (2008) *Psychodynamic Psychotherapy, Approach to the Psychiatric Patient: Case-Based Essays*: (ed) Barnhill, J. American Psychiatric Press, Washington, D.C.
7. Arbuckle MR, Gameraff MJ, Marcus SC, West JC, Wilk, J, Olfson M. Psychiatric Opinion and Antipsychotic Selection in the Management of Schizophrenia. *Psychiatric Services*, 2008 MAY;59(5):561-565.

## **Resident Publications**

1. Amiel JM, Mathew SJ: Glutamate and Anxiety Disorders. *Curr Psychiatry Rep* 2007, 9(4):278-283.
2. Baker AS\*, Suh E, Prudic, J. Malignant Catatonia; Role of Right Unilateral ECT; *J of ECT*; 2008; 24 (2); 168-170.
3. Stopa M, Bower BA, Davies E, Izatt JA, Toth CA. Correlation of Pathologic Features in Spectral Domain Optical Coherence Tomography with Conventional Retinal Studies. *Retina* 2008 Feb;28(2):298-308
4. Evan EE, Roubinov DR, Saroyan JM, Byrne MW, Erlich M, Katz ER, Zeltzer LK.. Self-reported pain and other symptoms in children with life-limiting illnesses. *The Journal of Pain* 2007, Jul; 8(4):S83.
5. Girgis RR, Javitch JA, Lieberman JA. Antipsychotic Drug Mechanisms: Links Between Therapeutic Effects, Metabolic Side Effects, and the Insulin Signaling Pathway. *Molecular Psychiatry*. (In press).

6. Hardan AY, Girgis RR, Adams J, Gilbert AR, Melhem NM, Keshavan MS, Minshew NJ. Brief report: abnormal association between the thalamus and brain size in Asperger's disorder. *Journal of Autism and Developmental Disorders*. 2008 Feb;38(2):390-4.
7. Duan J, Martinez M, Sanders AR, Hou C, Burrell GJ, Krasner AJ, Schwartz DB, Gejman PV). "DTNBP1 (Dystobrevin binding protein 1) and schizophrenia: association evidence in the 3' end of the gene." *Hum Hered* 2007, 64(2):97-106.
8. Marks S, Kahn DA. An 18-year-old woman with new-onset suicidal ideation while being treated with atomoxetine. *J Psychiatr Pract* 2008, 14(1):62-66
9. Fitch WT, Rosenfeld A. "Perception & Production of Syncopated Rhythms." *Music Perception* 2007, 25(1): 43-58
10. van Roessel P, Rouse RV, Wren SM. Care within a veterans hospital: earlier detection of colon cancer. *Surgical Endoscopy* 2007, 21:1434-1440